

EyePromise Restore®: Not for Your Eyes Only!



By:
Terry Hatfield,
President



It's not a stretch to suggest that many Americans don't eat the kinds of foods that provide all the daily nutritional fuel our bodies need, on a consistent basis. With harried and hurried schedules, out-of-town travel, long work weeks, baseball practice, and piano lessons, eating a balanced diet to support eye health, much less the entire body, can be nearly impossible.

It's also true that some nutrients, like Zeaxanthin, are very difficult to get in the quantities necessary to support eye health. That's one reason ZeaVision developed the EyePromise® Restore supplement. It provides benefits beyond building your macular pigment and increasing your

general eye health to reduce the risk of macular degeneration - it supports other key systems in your body. It's like getting two supplements in one! Below are some of the key ingredients, and their benefits, in the EyePromise Restore product, available at selected eye care professionals around the St. Louis area.

Most people are aware of the benefits of Vitamins C and E, but what about Zinc? Zinc is needed for the production of hundreds of enzymes in the body that play key roles, not only in vision, but in other areas such as, our immune, reproductive, and gastrointestinal systems, as well as in our senses of taste and smell, and our bones and skin.

Zeaxanthin and Lutein are known to be highly concentrated in the macula, and are found in the crystalline lens of the eye. But these hardworking carotenoids provide additional benefits for the well-being of our

bodies. Both have been associated with a lower risk of cancer in a number of epidemiological and animal studies, including cancer of the prostate, breast, colon, lung, and skin. Although

“...current research suggests that ingesting a proper amount of these carotenoids reduces your risk of developing cancer. Two additional areas of impact for these carotenoids include cardiovascular disease and stroke.”

more work needs to be done in these areas, current research suggests that ingesting a proper amount of these carotenoids reduces your risk of developing cancer. Two additional areas of impact for these carotenoids include cardiovascular disease and stroke. Studies have shown Zeaxanthin and Lutein to be linked to a risk reduction of these preventable diseases. Research continues on these carotenoids to determine what other areas they may positively affect.

Alpha Lipoic Acid has outstanding benefits - especially with people who have diabetes, high cholesterol, early stage cataracts, or cardiovascular problems. Simply put, Alpha Lipoic Acid is a powerful antioxidant that fights free radicals.

Additionally, it works synergistically with Vitamins C and E and recycles them. It helps to increase glutathione, which helps the body with detoxification, and it has a moderating affect on blood sugar. It may also help alleviate glaucoma.

Omega-3 fatty acids have been linked to a reduction of cardiovascular disease. A recently published study indicates that Omega-3's may also help treat Chronic Obstructive Pulmonary Disease (COPD). Often, obesity plays a role in the development of cardiovascular disease. A study conducted with severely obese women placed them on a very low calorie diet including Omega-3's. The test group reduced their weight by 20 percent more than the control group given the placebo. Another study demonstrated that Omega-3's relieved the symptoms of arthritis.

While our main concern is increasing the awareness of the critical role Zeaxanthin plays in reducing the risk of macular degeneration, we are pleased that our supplement, EyePromise Restore, which contains patented levels of Zeaxanthin, provides additional benefits to its users. As noted above, research continues in all of these areas to better understand the role of these nutrients and overall health.



EyePromise® RESTORE		Amt Per Serving
Serving Size: 1 Softgel		
Vitamin C (as ascorbic acid)		120 mg
Vitamin E** (as d-alpha tocopherol)		60 IU
Zinc (as zinc oxide)		15 mg
Fish Oil		250 mg
Omega-3	125 mg	
EPA (Eicosapentaenoic Acid)	75 mg	
DHA (Docosahexaenoic Acid)	50 mg	
Alpha Lipoic Acid		10 mg
Zeaxanthin		8 mg
Mixed Tocopherols**		6 mg
Lutein		4 mg

ZeaVision is at the forefront of research to help prevent or mitigate the effects of macular degeneration.

We developed a program to help identify a person's risk level of developing AMD by measuring macular pigment and providing dietary supplements rich in Zeaxanthin and Lutein to those who test low.

Contact us at: (314) 628-1000 or (866) 833-2800 for more information.